

Winnie-the-Pooh  
Preschool Dance Curriculum

# MOVEMENT CARDS



WINNIE-THE-POOH MOVEMENT CARDS - SET A - TODDLERS

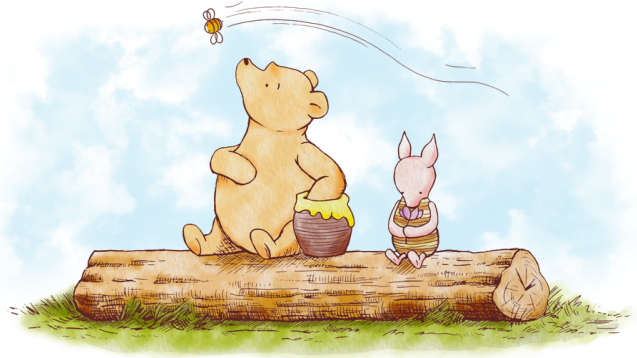
*Children's Ballet Method™*



**BLUSTERY WINDS**

Sway like a windy day.

*Children's Ballet Method™*



**BUZZING BEES**

Run like a buzzing bee.

*Children's Ballet Method™*



**HONEY POTS**

Hop to the honey pot.

*Children's Ballet Method™*



**FLOATING BALLOONS**

Sideways walk and hold an imaginary balloon.

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**BIRTHDAY CELEBRATION**

Run and jump like it's your birthday.

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**DANDELION TWIRLS**

Twirl like a dandelion seed in the wind.

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**SWINGING TAILS**

Sways across like Eeyore's tail swining.

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**FRIENDSHIP RUNS**

Run holding hands with a partner.

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**BLUSTERY WINDS**

Sway and chassé like a windy day.

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**BUZZING BEES**

Run en demi pointe like a buzzing bee.

*Children's Ballet Method™*



**HONEY POTS**

Hop to the honey pot.

*Children's Ballet Method™*



**FLOATING BALLOONS**

Sideways galop and hold an imaginary balloon.

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## **BIRTHDAY CELEBRATION**

Run and leap like it's your birthday.

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## **DANDELION TWIRLS**

Twirl like a dandelion seed in the wind.

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## **SWINGING TAILS**

Sways and chassés across like Eeyore's tail swining.

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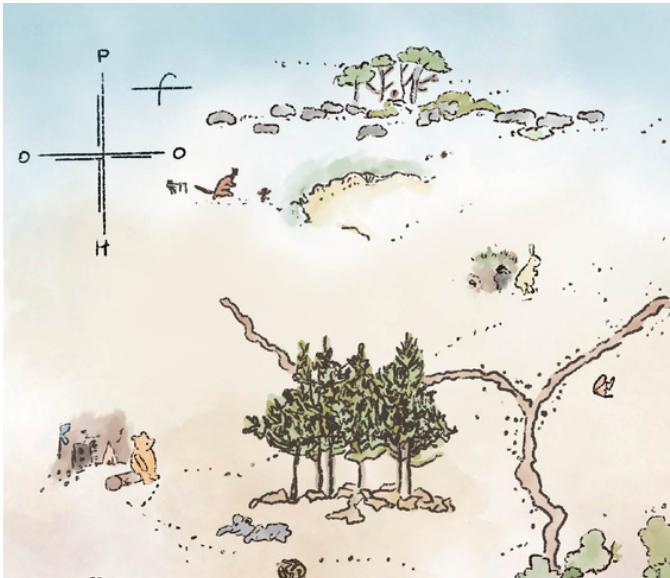


## **FRIENDSHIP RUNS**

Picked up run holding hands with a partner.

WINNIE-THE-POOH MOVEMENT CARDS - SET B - TODDLERS

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**RABBIT**

Take big steps to Rabbit's home.

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**TIGGER**

Bounce to Tigger's home.

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**WINNIE-THE-POOH**

Run to Pooh's home.

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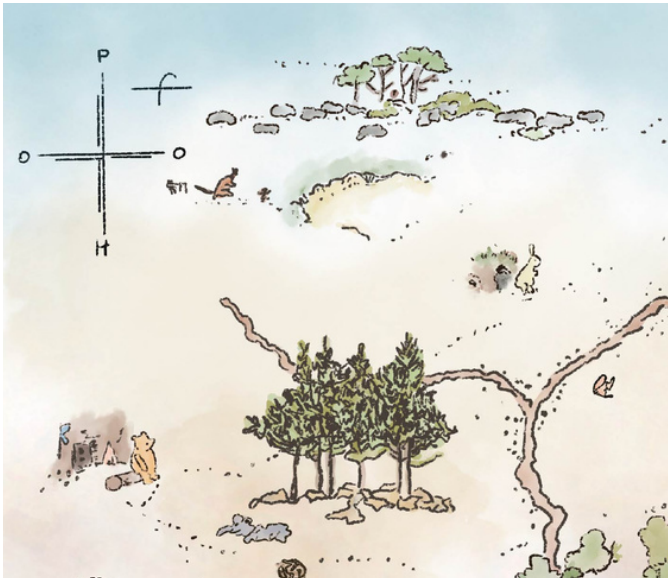


**OWL**

Passé walk to Owl's home.

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**WINNIE-THE-POOH**

March to Pooh's home.

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**CHRISTOPHER ROBIN**

Sideways walk to Christopher Robin's home.

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**PIGLET**

Run to Piglet's home.

*Children's Ballet Method™*

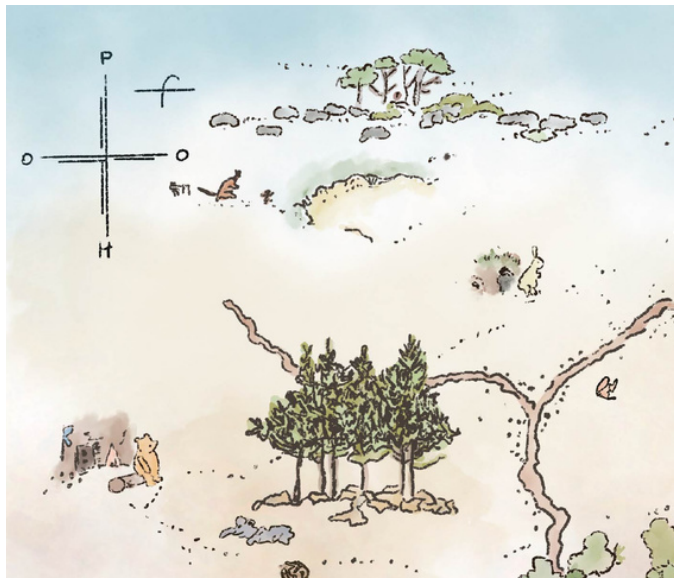


**EYORE**

Step over objects to Eeyore's home.

WINNIE-THE-POOH MOVEMENT CARDS - SET B - PRESCHOOLERS

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**RABBIT**

Hop to Rabbit's home.

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**TIGGER**

Sideways walk - hop - sideways walk - hop to Tigger's home.

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**WINNIE-THE-POOH**

Picked up run to Pooh's home.

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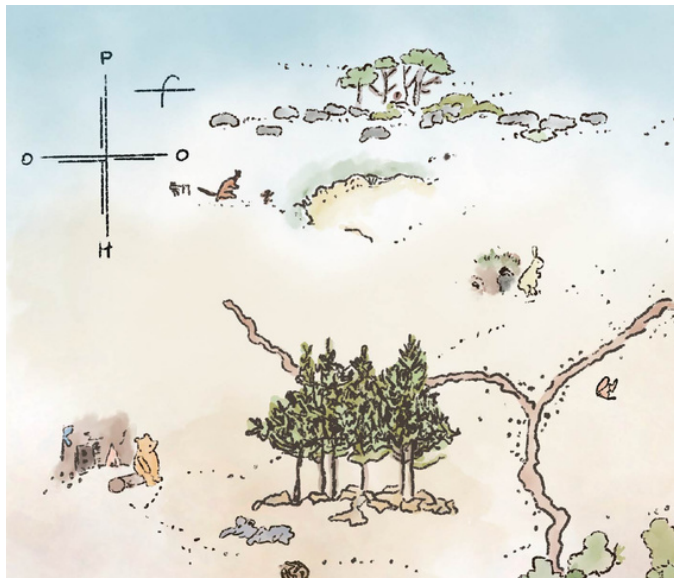
**OWL**

Passé walk to Owl's home.



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**WINNIE-THE-POOH**

March to Pooh's home.

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**CHRISTOPHER ROBIN**

Sideways gallop to Christopher Robin's home.

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**PIGLET**

Run en demi pointe to Piglet's home.

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**EYORE**

Pony trot to Eeyore's home.