

## New + Updates!

After some initial feedback, you might notice we've made a few changes to the Ballet portion of the curriculum. I think you will find it easier to navigate and easier to implement into your classes—whether you are following the curriculum to a T or simply adding to your existing classes.

### **Class Lessons**

We've separated out the class center exercises from the story ballets. This will allow you to progress through the technical material at your students' pace, regardless of the story Ballet you choose each month. And if your students are loving a particular story ballet, you can spend longer on it while still allowing your students to progress through the technical side of class. (Likewise, if they're not so interested in a particular ballet, you can spend less time on it. Move onto the next ballet right away, while staying on the class lesson as long as you need to.) Each "lesson" should generally be used for 3 or 4 weeks. The lessons are progressive. You should begin with lesson 1 at the beginning of the school year and move on through there. Don't worry if you don't finish all 12 lessons over the course of the academic year. If you choose to work on each lesson for an average of 3 weeks, you'll likely make it through all 12. If you would rather spend a month on each lesson, you'll likely make it through 9 or 10 lessons, and that's okay. There is review wrapped into each level, as well as from one level to the next. Students will still get everything they need.

### **Story Ballet Activities**

For each story ballet, we've included a set of class activities for you to use in your classes. Whether you use the entire "lesson" and all of the activities for the story ballet you have chosen to do with your classes will depend on your students and how often/how long they meet each week. You may plug the story ballet activities in place of a lesson exercise. You may also use it to simply modify a lesson exercise to be more fun and engaging for your students. The activities provided may be plugged into any of our Story Ballet Curriculum lessons and levels. Simply adapt the activities to your students' level by giving more difficult steps or expecting a higher level of technical execution.

Please note: While the lesson plans progress in order from Lesson 1 to Lesson 12, the story ballet themes may be done in any order. They are written to correlate loosely with a lesson. For example, ballets 1 and 13, loosely match up with lesson 1. Ballets 2 and 14 loosely match up with lesson 2. And so on. But they have been written so they can be done in any order and with any lesson plan (ours or your own) that you wish!

### **Inspirational Video Playlists**

Additionally, for each ballet theme, we've included a YouTube video playlist you can show parts of in class or refer your students to on their own time. The playlists include videos about the ballet, excerpts from the ballet, and even entire ballets. These playlists are meant to be inspiring and informative for your students. The links to these playlists are included in each story ballet's activity document.

### **Ballet History**

For each story ballet, we've included a ballet history sheet. If you or your students are unfamiliar with a particular ballet, these sheets can be a great introduction. There is a separate ballet history document that goes along with each story ballet "activities" document. This is so that you can hand out or distribute the history document if you wish.

### **Music Playlists**

We have also found the following albums of ballet class music set entirely to a single ballet. These are noted in each story ballet's activity document.

Finally, if you like using orchestral music from the ballets themselves, we recommend orchestral tracks in each story ballet activity document.

For the story ballets that do not have albums associated with them, we recommend using one of the following albums. The tracks in these songs are from classical ballets.

[Ballet Class Music: The Great Ballets, Vol. 1 by Nate Fifield](#)

[Ballet Class Music: The Great Ballets, Vol. 2 by Nate Fifield](#)

[Ballet Class Music: The Great Ballets, Vol. 3 by Nate Fifield](#)

[Music for Ballet Class: Great Ballets by Elena Baliakhova](#)

[Ballet Class Music for Children, Vol. 5 by Elena Baliakhova](#)

[Ballet Class Music for Children, Vol. 6 by Elena Baliakhova](#)

[Ballet Class Music Elementary/Intermediate by Elena Baliakhova](#)